

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 Dickers-Gutt Gunnnett-Gutt am N. Johnston-Garny Jaeger-Gutt Hammerand-Gutt Edgewood Closed	3 Dickers-Gutt Gunnnett-Gutt am N. Johnston-Gutt Patel-Edge Grinstead-Garny Bockenstedt-Gutt	4 Dickers-Gutt Patel-Gutt Jaeger-Edge Grinstead-Garny Klein-Gutt pm Hammerand-Gutt Eisel-Gutt	5 Gunnnett-Gutt am N. Johnston-Gutt Jaeger-Edge Grinstead-Gutt Hammerand-Garny	6 Dickers-Gutt Gunnnett-Gutt am N. Johnston-Gutt Jaeger-Edge Grinstead-Gutt Bockenstedt-Garny Klein-Gutt Hammerand-Wound Clinic	7 OPEN 8am - 12pm Grinstead
9 Dickers-Gutt Gunnnett-Gutt am N. Johnston-Garny Jaeger-Gutt Klein-Gutt Hammerand-Gutt Edgewood Closed	10 Dickers-Edge Gunnnett-Gutt am N. Johnston-Gutt Patel-Gutt Grinstead-Garny Bockenstedt-Gutt Klein-Gutt	11 Dickers-Gutt pm Patel-Gutt Jaeger-Edge Grinstead-Garny Klein-Gutt Hammerand-Gutt	12 Gunnnett-Gutt am N. Johnston-Gutt Jaeger-Edge Grinstead-Gutt Bockenstedt-Garny Hammerand-Gutt	13 Dickers-Gutt Gunnnett-Gutt am N. Johnston-Gutt Jaeger-Edge Bockenstedt-Garny Hammerand-Gutt Grinstead-Wound Clinic	14 OPEN 8am - 12pm Grinstead
16 Dickers-Gutt Gunnnett-Gutt am N. Johnston-Garny Jaeger-Gutt Klein-Gutt Hammerand-Gutt Edgewood Closed	17 Dickers-Gutt Gunnnett-Gutt am N. Johnston-Gutt Patel-Edge Grinstead-Garny Bockenstedt-Gutt Klein-Gutt	18 Dickers-Gutt pm Patel-Gutt Jaeger-Edge Grinstead-Garny Bockenstedt-Gutt Klein-Gutt Hammerand-Gutt	19 Gunnnett-Gutt am N. Johnston-Gutt Jaeger-Edge Grinstead-Gutt Bockenstedt-Garny Hammerand-Gutt	20 Dickers-Gutt Gunnnett-Gutt am N. Johnston-Gutt Jaeger-Edge Grinstead-Gutt Bockenstedt-Garny Klein-Gutt Hammerand-Wound Clinic	21 OPEN 8am - 12pm Hammerand
23 Dickers-Gutt Gunnnett-Gutt am N. Johnston-Garny Klein-Gutt Hammerand-Gutt Edgewood Closed	24 Dickers-Edge Gunnnett-Gutt am N. Johnston-Gutt Patel-Gutt Grinstead-Garny Bockenstedt-Gutt Klein-Gutt	25 Dickers-Gutt Patel-Gutt Jaeger-Edge Grinstead-Garny Klein-Gutt pm Hammerand-Gutt	26 Gunnnett-Gutt am N. Johnston-Gutt Jaeger-Edge Grinstead-Gutt Bockenstedt-Garny Hammerand-Gutt	27 Dickers-Gutt Gunnnett-Gutt am N. Johnston-Gutt Jaeger-Edge Grinstead-Gutt Bockenstedt-Garny Klein-Gutt Hammerand-Wound Clinic	28 OPEN 8am - 12pm Klein



Local care. Trusted support. Choose GMHC for Cardiac Rehab.

- ♥ Supervised program to help patients recover from heart events and disease
- ♥ Supports recovery after heart attack, heart failure, surgery, stents, and angioplasty
- ♥ Combines guided exercise and heart-healthy education
- ♥ Helps reduce the risk of future heart problems

