

Cornerstone Behavioral Health Schedule

Guttenberg - 563-252-2141

200 Main St

NOVEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
988 ✓ Call 988 if you are dealing with a mental health crisis. ✓ Call 988 for the National Suicide Prevention Lifeline. ✓ Call 988 for accessible care and support. ✓ Call 988 available 24 hours a day / 7 days a week.					1
3 Heaney-Gárate 8a - 2p Makovec 10:30a - 3p Wiebrand 4:30p - 6:30p	4 Wiebrand 4:30p - 6:30p	5 Heaney-Gárate 8a - 2p Wiebrand 9a - 5p	6 Makovec 9a - 3p Wiebrand 4:30p - 6:30p	7 Heaney-Gárate 8a - 2p	8
10 Heaney-Gárate 8a - 2p Makovec 10:30a - 3p Wiebrand 4:30p - 6:30p	11 Brimeyer 12p - 6p zoom Wiebrand 4:30p - 6:30p	12 Heaney-Gárate 8a - 2p Wiebrand 8a - 6:30p Brimeyer 8a - 7p	13 Makovec 9a - 3p Brimeyer 12p - 6p zoom Wiebrand 4:30p - 6:30p	14 Heaney-Gárate 8a - 2p Brimeyer 8a - 5p	15
17 Heaney-Gárate 8a - 2p Makovec 10:30a - 3p Wiebrand 4:30p - 6:30p	18 Brimeyer 12p - 6p zoom Wiebrand 4:30p - 6:30p	19 Heaney-Gárate 8a - 2p Wiebrand 8a - 6:30p Brimeyer 8a - 7p	20 Makovec 9a - 3p Brimeyer 12p - 6p zoom Wiebrand 4:30p - 6:30p	21 Heaney-Gárate 8a - 2p Brimeyer 8a - 5p	22
24 Heaney-Gárate 8a - 2p Makovec 10:30a - 3p Wiebrand 4:30p - 6:30p	25 Brimeyer 12p - 6p zoom Wiebrand 4:30p - 6:30p	26 Heaney-Gárate 8a - 2p Wiebrand 8a - 6:30p Brimeyer 8a - 7p	27  Clinics Closed	28 Heaney-Gárate 8a - 2p Brimeyer 8a - 5p	29