

Cornerstone Behavioral Health Schedule

Guttenberg - 563-252-2141
200 Main St

JULY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
988	1 Brimeyer 12p - 6p zoom Wiebrand 4:30p - 6:30p	2 Heaney-Gárate 8a - 2p Wiebrand 8a - 6:30p Brimeyer 8a - 7p	3 Makovec 9a - 3p Brimeyer 12p - 6p zoom Wiebrand 4:30p - 6:30p	4 	5
7 Heaney-Gárate 8a - 2p Makovec 10:30a - 3p Wiebrand 4:30p - 6:30p	8 Wiebrand 4:30p - 6:30p	9 Heaney-Gárate 8a - 2p Wiebrand 8a - 6:30p	10 Makovec 9a - 3p Wiebrand 4:30p - 6:30p	11 Heaney-Gárate 8a - 2p	12
14 Heaney-Gárate 8a - 2p Makovec 10:30a - 3p Wiebrand 4:30p - 6:30p	15 Wiebrand 4:30p - 6:30p	16 Heaney-Gárate 8a - 2p Wiebrand 8a - 6:30p Brimeyer 8a - 7p	17 Makovec 9a - 3p Brimeyer 12p - 6p zoom Wiebrand 4:30p - 6:30p	18 Heaney-Gárate 8a - 2p Brimeyer 8a - 5p	19
21 Heaney-Gárate 8a - 2p Makovec 10:30a - 3p Wiebrand 4:30p - 6:30p	22 Brimeyer 12p - 6p zoom Wiebrand 4:30p - 6:30p	23 Heaney-Gárate 8a - 2p Wiebrand 8a - 6:30p Brimeyer 8a - 7p	24 Makovec 9a - 3p Brimeyer 12p - 6p zoom Wiebrand 4:30p - 6:30p	25 Heaney-Gárate 8a - 2p Brimeyer 8a - 5p	26
28 Heaney-Gárate 8a - 2p Makovec 10:30a - 3p Wiebrand 4:30p - 6:30p	29 Wiebrand 4:30p - 6:30p	30 Heaney-Gárate 8a - 2p Wiebrand 8a - 6:30p	31 Makovec 9a - 3p Wiebrand 4:30p - 6:30p	✓ Call 988 if you are dealing with a mental health crisis. ✓ Call 988 for the National Suicide Prevention Lifeline. ✓ Call 988 for accessible care and support. ✓ Call 988 available 24 hours a day / 7 days a week.	