

# Cornerstone Behavioral Health Schedule

Guttenberg - 563-252-2141  
200 Main St

**AUGUST 2025**

| MONDAY                                                                                                                                                                                                                                                                                                           | TUESDAY                                                       | WEDNESDAY                                                                     | THURSDAY                                                                         | FRIDAY                                                 | SATURDAY  |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------------------------------|----------------------------------------------------------------------------------|--------------------------------------------------------|-----------|
| <div>988</div> <ul style="list-style-type: none"> <li>✓ Call 988 if you are dealing with a mental health crisis.</li> <li>✓ Call 988 for the National Suicide Prevention Lifeline.</li> <li>✓ Call 988 for accessible care and support.</li> <li>✓ Call 988 available 24 hours a day / 7 days a week.</li> </ul> |                                                               |                                                                               |                                                                                  | <b>1</b><br>Heaney-Gárate 8a - 2p<br>Brimeyer 8a - 5p  | <b>2</b>  |
| <b>4</b><br>Heaney-Gárate 8a - 2p<br>Makovec 10:30a - 3p<br>Wiebrand 4:30p - 6:30p                                                                                                                                                                                                                               | <b>5</b><br>Brimeyer 12p - 6p zoom<br>Wiebrand 4:30p - 6:30p  | <b>6</b><br>Heaney-Gárate 8a - 2p<br>Wiebrand 8a - 6:30p<br>Brimeyer 8a - 7p  | <b>7</b><br>Makovec 9a - 3p<br>Brimeyer 12p - 6p zoom<br>Wiebrand 4:30p - 6:30p  | <b>8</b><br>Heaney-Gárate 8a - 2p<br>Brimeyer 8a - 5p  | <b>9</b>  |
| <b>11</b><br>Heaney-Gárate 8a - 2p<br>Makovec 10:30a - 3p<br>Wiebrand 4:30p - 6:30p                                                                                                                                                                                                                              | <b>12</b><br>Brimeyer 12p - 6p zoom<br>Wiebrand 4:30p - 6:30p | <b>13</b><br>Heaney-Gárate 8a - 2p<br>Wiebrand 8a - 6:30p<br>Brimeyer 8a - 7p | <b>14</b><br>Makovec 9a - 3p<br>Brimeyer 12p - 6p zoom<br>Wiebrand 4:30p - 6:30p | <b>15</b><br>Heaney-Gárate 8a - 2p<br>Brimeyer 8a - 5p | <b>16</b> |
| <b>18</b><br>Heaney-Gárate 8a - 2p<br>Makovec 10:30a - 3p<br>Wiebrand 4:30p - 6:30p                                                                                                                                                                                                                              | <b>19</b><br>Brimeyer 12p - 6p zoom<br>Wiebrand 4:30p - 6:30p | <b>20</b><br>Heaney-Gárate 8a - 2p<br>Wiebrand 8a - 6:30p<br>Brimeyer 8a - 7p | <b>21</b><br>Makovec 9a - 3p<br>Brimeyer 12p - 6p zoom<br>Wiebrand 4:30p - 6:30p | <b>22</b><br>Heaney-Gárate 8a - 2p<br>Brimeyer 8a - 5p | <b>23</b> |
| <b>25</b><br>Heaney-Gárate 8a - 2p<br>Makovec 10:30a - 3p<br>Wiebrand 4:30p - 6:30p                                                                                                                                                                                                                              | <b>26</b><br>Brimeyer 12p - 6p zoom<br>Wiebrand 4:30p - 6:30p | <b>27</b><br>Heaney-Gárate 8a - 2p<br>Wiebrand 8a - 6:30p<br>Brimeyer 8a - 7p | <b>28</b><br>Makovec 9a - 3p<br>Brimeyer 12p - 6p zoom<br>Wiebrand 4:30p - 6:30p | <b>29</b><br>Heaney-Gárate 8a - 2p<br>Brimeyer 8a - 5p | <b>30</b> |