

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> ✓ Call 988 if you are dealing with a mental health crisis. ✓ Call 988 for the National Suicide Prevention Lifeline. ✓ Call 988 for accessible care and support. ✓ Call 988 available 24 hours a day / 7 days a week. 			1 Makovec 9a - 3p	2	3
5 Makovec 11a - 3p Swisher 8a - 6p	6 Brimeyer 12p - 6p	7 Brimeyer 8a - 7p	8 Makovec 9a - 3p Brimeyer 12p - 6p	9 Brimeyer 8a - 5p Heaney-Gárate 8a - 2p	10
12 Heaney-Gárate 8a - 11a Makovec 11a - 3p Swisher 8a - 6p	13 Brimeyer 12p - 6p Swisher 12:30p - 6:30p	14 Brimeyer 8a - 7p Heaney-Gárate 8a - 2p	15 Makovec 9a - 3p Brimeyer 12p - 6p	16 Brimeyer 8a - 5p Heaney-Gárate 8a - 2p	17
19 Heaney-Gárate 8a - 11a Makovec 11a - 3p Swisher 8a - 6p	20 Brimeyer 12p - 6p Swisher 12:30p - 6:30p	21 Brimeyer 8a - 7p Heaney-Gárate 8a - 2p	22 Makovec 9a - 3p Brimeyer 12p - 6p	23 Brimeyer 8a - 5p	24
26 Makovec 11a - 3p Swisher 8a - 6p	27 Brimeyer 12p - 6p Swisher 12:30p - 6:30p	28 Brimeyer 8a - 7p Heaney-Gárate 8a - 2p	29 Makovec 9a - 3p Brimeyer 12p - 6p	30 Brimeyer 8a - 5p Heaney-Gárate 8a - 2p	