

# *Your Child's* Milestones



A Guide from Guttenberg Municipal Hospital & Clinics

Milestones matter for your child’s development. How your child plays, speaks, learns, and moves are important. If you have concerns about your child not meeting these milestone or having delayed development, act early and mention your concerns to your child’s health care provider.

## BIRTH TO 6 MONTHS:

### Gross Motor Skill Milestones

*Date*

- Reacts to touch with movement \_\_\_/\_\_\_/\_\_\_
- Raises his/her head off floor while on stomach \_\_\_/\_\_\_/\_\_\_
- Turns head side to side while on tummy \_\_\_/\_\_\_/\_\_\_
- Brings hands to mouth \_\_\_/\_\_\_/\_\_\_
- Pushes up on his/her elbows while on stomach \_\_\_/\_\_\_/\_\_\_
- Reaches and grasps a toy \_\_\_/\_\_\_/\_\_\_
- Rolls from back to stomach and stomach to back \_\_\_/\_\_\_/\_\_\_
- Plays while laying on side \_\_\_/\_\_\_/\_\_\_
- Holds his/her head steady when pulled to sitting \_\_\_/\_\_\_/\_\_\_
- Brings bottle to mouth \_\_\_/\_\_\_/\_\_\_
- Sits unsupported for 8 seconds \_\_\_/\_\_\_/\_\_\_
- Sits unsupported and move head to follow toy \_\_\_/\_\_\_/\_\_\_
- Grabs feet with hands \_\_\_/\_\_\_/\_\_\_
- Supports weight on legs when standing \_\_\_/\_\_\_/\_\_\_

### Speech Milestones

*Date*

- Repeats some sounds \_\_\_/\_\_\_/\_\_\_
- Recognizes voices \_\_\_/\_\_\_/\_\_\_
- Uses/ b,m,p/ sounds in babbling \_\_\_/\_\_\_/\_\_\_
- Smiles when spoken to \_\_\_/\_\_\_/\_\_\_
- Startles in response to sound \_\_\_/\_\_\_/\_\_\_
- Is quieted by human voice \_\_\_/\_\_\_/\_\_\_
- Listens to speech \_\_\_/\_\_\_/\_\_\_
- Varies pitch and loudness \_\_\_/\_\_\_/\_\_\_
- Frequently coos, gurgles, and makes pleasure sounds \_\_\_/\_\_\_/\_\_\_
- Uses a different cry to express different needs \_\_\_/\_\_\_/\_\_\_
- Localizes sound by turning head \_\_\_/\_\_\_/\_\_\_

## 7 MONTHS TO ONE YEAR:

### Gross Motor Milestones

*Date*

- Raises upper trunk off surface and reaches with one arm for toy \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Gets into sitting position without help \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Moves from hands and knees to tall kneeling position \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Rocks forward and backward on hands/knees \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Sits alone with good balance for 10 minutes \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Catches self by extending arm to side when losing balance \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- From sitting position, reaches for toy and returns to upright sitting position \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Crawls alone on hands & knees \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Pulls self-up to stand while holding onto furniture \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Walks along furniture \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Walks with one hand held \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Stands alone 3-5 seconds \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

### Fine Motor Milestones

*Date*

- Puts 3 objects in container \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Marks paper with crayon \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Feeds self with hands \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Imitates clapping/waving \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Starts to bring spoon to mouth \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Stacks 2 blocks \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

### Speech Milestones

*Date*

- Uses speech intentionally for the first time \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Has an expressive vocabulary of one word, besides Mama and Dad, by 12 months \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Understands simple commands \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Waves bye-bye and plays pat-a-cake \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Starts to make sounds of familiar animals \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Understands and responds to own name \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Listens and imitates more sounds \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Recognizes words for common objects (e.g., cup, shoes, juice) \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Gives toy on request \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

- Understands “no” \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Listens when spoken to \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Frequently laughs \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

## ONE TO TWO YEARS:

### Gross Motor Milestones

*Date*

- Walks in open area without holding on \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Stoops to pick object up off floor and returns to standing without losing balance \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Crawls up/down steps \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Carries small object while walking \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Changes directions with walking without losing balance \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Pulls tow on string while walking \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Seats self in small chair \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Stands up without support \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Walks backwards \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Push/pulls toy around room \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Squats to play \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Moves on “ride-on” toys \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Carries large object while walking and not losing balance \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Starts kicking a ball \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Walks up and down steps while placing both feet on step with holding onto railing or hand for support \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

### Fine Motor Milestones

*Date*

- Grasps & releases objects easily & automatically \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Drinks from cup with both hands without assistance and returns cup to table \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Completes scooping of food with spoon and fork and brings to mouth with some spilling \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Assists with dressing and washing hands \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Turns knobs on radio or TV \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Builds tower of 2-6 cubes \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Asks for food, drink, and the toilet \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Likes to unwrap candy or packages \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Scribbles on their own \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

- Holds container with one hand and releases object into it with the other hand \_/\_/\_
- Imitates actions of others or objects during play \_/\_/\_
- Uses one hand more than the other \_/\_/\_

## Speech Milestones

*Date*

- At 18 months produces 10 words \_/\_/\_
- At 24 months produces 200-300 words \_/\_/\_
- Produces sounds /b,m,n,h,w,t,d/ in words \_/\_/\_
- Starts to use a lot of new words weekly \_/\_/\_
- Starts to name pictures in books \_/\_/\_
- Begins to use pronouns (I and mine) \_/\_/\_
- Hears well and discriminates among many sounds \_/\_/\_
- Follows simple directions \_/\_/\_
- Identifies pictures and familiar people (ball, shoe, spoon, cup) \_/\_/\_
- Identifies body parts (hair, eyes, nose, etc.) \_/\_/\_
- Understand verbs in context (eat, drink, sleep) \_/\_/\_
- Is approximately 25-50% intelligible to strangers \_/\_/\_
- Answers "what's that?" questions \_/\_/\_
- Enjoys listening to stories \_/\_/\_



## TWO TO THREE YEARS:

### Gross Motor Milestones

*Date*

- Walks up steps with placing only one foot on each step with holding onto support \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Walks along a line on the floor \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Pedals tricycle short distances \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Walks on tiptoes for 5 steps \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Jumps up and down \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Catches large ball thrown with arms extended \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Runs easily \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Throws small ball overhead \_\_\_\_\_/\_\_\_\_/\_\_\_\_

### Fine Motor Milestones

*Date*

- Puts together large and separated piece puzzles with three or four pieces \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Sorts objects into two categories (colors, shapes, clothing, food) \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Stacks objects graduated in size \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Strings three large beads \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Builds a 6-8 block tower \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Uses one hand consistently in most activities \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Screws and unscrews jar lid or turns door handle \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Feeds self without spillage \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Removes all garments, unzips, unties, unbuttons, front buttons \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Washes and dries hand independently \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Plays simple games like “Ring Around the Rosy” and engages in make-believe play for at least 10 minutes \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Puts on shoes and socks \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Copies a circle with pencil or pen \_\_\_\_\_/\_\_\_\_/\_\_\_\_

### Speech Milestones

*Date*

- Speaks between 300 and 1000 words \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Speech is 50-75% intelligible \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Produces sounds /b,m,n,h,w,t,d/ in words \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Requests items by names \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Names everyday objects \_\_\_\_\_/\_\_\_\_/\_\_\_\_

- Points to pictures in a book when named \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Identifies several more body parts (wrist, ankle, knee) \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Follows 2 step directions \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Enjoys listening to short stories, songs, and rhymes \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Uses 3 to 4 word sentences to talk about things \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Uses some prepositions (on, under, behind, in, out, together) \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Produces several forms of questions \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Understands “why, who, whose, and how many” questions \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Understands most things said to him or her \_\_\_\_\_/\_\_\_\_/\_\_\_\_

## THREE TO FOUR YEARS

### Gross Motor Milestones

*Date*

- Pedals tricycle long distances with u-turns \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Jumps over small object or line \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Jumps down from object 18 inches high with both feet \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Walks up steps without holding onto support \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Hops on 1 foot 1-3 times \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Walks down steps with placing 1 foot on each step \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Throws ball underhand 10 feet \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Catches medium sized ball with elbows bent \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Stands on tiptoes with arms held overhead without moving feet \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Stands on 1 foot up to 2 seconds \_\_\_\_\_/\_\_\_\_/\_\_\_\_

### Fine Motor Milestones:

*Date*

- Buttons front opening clothing \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Copies capital letters \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Dresses independently \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Matches 6 colors \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Able to use scissors \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Plays board and card games \_\_\_\_\_/\_\_\_\_/\_\_\_\_

### Speech Milestones

*Date*

- Speaks between 1000-1600 words \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Understands object functions \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Produces sounds /k,g,f,v,y/ in words \_\_\_\_\_/\_\_\_\_/\_\_\_\_

- Follows 2 and 3 part commands \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Asks and answers simple questions (who, what, where, why) \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Frequently asks questions and often wants detail in responses \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Uses language to express emotion \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Repeats 6 to 13 syllable sentences accurately \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Uses up to 6 words in a sentence \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Is conscious of past and future events \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Uses pronouns like my, me, mine, your, your, she, he we, they, his, them, her \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Speech is at least 80% intelligible \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Tells two events in chronological order \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Engages in long conversations, of about 4 sentences at a time \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

## FOUR TO FIVE YEARS

### Gross Motor Milestones

*Date*

- Hops on one leg \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Catches bounced balls \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Rides bicycle with training wheels \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Jumps over low objects \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Stands on one foot 10 seconds or longer \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Walks down steps without holding on for support \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Walks on line backwards \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Gallops 8 feet \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Can do a somersault \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Jumps and turns 180 degrees \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

### Fine Motor Milestones

*Date*

- Cuts a straight line \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Threads beads onto a shoelace \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Prints some letters or numbers \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Uses 3 point grasp \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Buttons large buttons \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Copies a triangle and other geometric shapes \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_



- Uses bathroom without assistance and dress/undress self (putting shoes on correct feet) \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Enjoys water and sand play \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Builds a 9 to 11 block tower \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Traces uppercase letters \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Draws a person including head, legs, ears, feet, arms, shoulders, trunk, and eyes \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Cuts a 5 inch line, circle and triangle with ½ to ¼ inch of deviations \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Bathes and combs hair with assistance \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Brushes teeth without assistance \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Begins to understand “good” and “bad” behavior \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Remains at a 10 to 12 minute task until it is time to change and engages in an activity with toys or TV for at least 20 minutes \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

## Speech Milestones

*Date*

- Recognizes and states at least six colors \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Recognizes and states names of shapes \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Counts to 10 \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Listens to short simple stories \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Answers questions about function \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Uses grammatically correct sentences \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Uses sentences of up to 8 words \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Answers complex 2 part questions \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Asks for word definitions \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Enjoys rhythms, rhymes, and nonsense syllables \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Speech is usually 100% intelligible to strangers \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Talks about experiences at school, at friends’ homes, etc. \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Accurately relays a long story \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Pays attention to a story and answers simple questions about it. \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

# FIVE TO SIX YEARS

## Gross Motor Milestones

*Date*

- Skips \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Jumps sideways with feet together \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Hops with either foot for 20 feet \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Kicks a ball set on the floor \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Catches a bounced ball after one bounce \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

## Fine Motor Milestones

*Date*

- Prints their name and colors within lines \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Brags about accomplishments and skills and complies with class rules and activities \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Dresses self completely, including tying shoes and fastening all fasteners \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Washes body and brush hair and teeth independently \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Completes 26 piece puzzle and expert with building blocks \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Builds 12 block tower \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Cuts a 5 inch curvy line \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Uses knife for cutting \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Plays cooperatively in large and small group games for at least 20 minutes \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

## Speech Milestones

*Date*

- Follows instructions given to a group \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Follows three part commands \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Asks "how" questions \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Answers verbally to "hi" and "how are you?" \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Uses past tense and future tense appropriately \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Uses conjunctions in sentences (and, or, but, so) \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Names opposites \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Sequentially names days of the week \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Counts to 30 \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Exchanges information and asks questions \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Uses sentence with detail \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
- Uses grammatically complete sentences \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

- Accurately relays a story, sings entire songs, and cites nursery rhymes \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Communicates easily with adults and other children \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Uses appropriate grammar in most cases \_\_\_\_\_/\_\_\_\_/\_\_\_\_

## SIX TO SEVEN YEARS

### Gross Motor Milestones

*Date*

- Enjoys testing muscle strength and skills \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Has good sense of balance \_\_\_\_\_/\_\_\_\_/\_\_\_\_

### Fine Motor Milestones

- Draws a person with all body parts \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Cuts out items such as paper dolls or pictures of animals \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Bathes without assistance \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Remains on task with “school” while distractions are present \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Reads color, number words, or common signs \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Prints name and small words \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Enjoys swinging high \_\_\_\_\_/\_\_\_\_/\_\_\_\_

### Speech Milestones

*Date*

- Names some letters, numbers, and currencies \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Sequences numbers \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Understands left and right \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Uses increasingly more complex descriptions \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Engages in conversations \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Uses an average sentence length of approximately 6-8 words \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Understands most time concepts \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Recites the alphabet \_\_\_\_\_/\_\_\_\_/\_\_\_\_
- Counts to 100 \_\_\_\_\_/\_\_\_\_/\_\_\_\_

## REHABILITATION SERVICES

Guttenberg Municipal Hospital offers a broad range of rehabilitation services in a spacious and welcoming environment. With private treatment rooms and a large open exercise area, we help children reach developmental milestones. We help adult patients recover function after surgery, stroke, heart attack, injury or other disabling condition.

Our therapists work together with patients, their loved ones and/or staff at other facilities to develop a customized treatment plan to reach the best outcome for every patient.

### Our rehabilitation services include:

- Physical Therapy
- Cardiac Rehabilitation
- Pulmonary Rehabilitation
- Occupational Therapy
- Speech Therapy
- Lymphedema Therapy



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