



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> <li>✓ <b>Call 988</b> if you are dealing with a mental health crisis.</li> <li>✓ <b>Call 988</b> for the National Suicide Prevention Lifeline.</li> <li>✓ <b>Call 988</b> for accessible care and support.</li> <li>✓ <b>Call 988</b> available 24 hours a day / 7 days a week.</li> </ul>		<p><b>1</b> Heaney-Gárate 8a - 2p Jenaman 8a - 2:30p Brimeyer 8a - 7p</p>	<p><b>2</b> Makovec 9a - 3p Brimeyer 12p - 6p zoom</p>	<p><b>3</b> Jenaman 8a - 12:30p Heaney-Gárate 8a - 2p Brimeyer 8a - 5p</p>	
<p><b>6</b> Heaney-Gárate 8a - 2p Makovec 11:15a - 3p</p>	<p><b>7</b> Jenaman 8a - 2:30p Brimeyer 12p - 6p zoom</p>	<p><b>8</b> Heaney-Gárate 8a - 2p Jenaman 8a - 2:30p Brimeyer 8a - 7p</p>	<p><b>9</b> Makovec 9a - 3p Brimeyer 12p - 6p zoom</p>	<p><b>10</b> Jenaman 8a - 12:30p Heaney-Gárate 8a - 2p Brimeyer 8a - 5p</p>	
<p><b>13</b> Heaney-Gárate 8a - 2p Makovec 11:15a - 3p</p>	<p><b>14</b> Jenaman 8a - 2:30p Brimeyer 12p - 6p zoom</p>	<p><b>15</b> Heaney-Gárate 8a - 2p Jenaman 8a - 2:30p Brimeyer 8a - 7p</p>	<p><b>16</b> Makovec 9a - 3p Brimeyer 12p - 6p zoom</p>	<p><b>17</b> Jenaman 8a - 12:30p Heaney-Gárate 8a - 2p Brimeyer 8a - 5p</p>	
<p><b>20</b> Heaney-Gárate 8a - 11a Makovec 9a - 12p zoom</p>	<p><b>21</b> Jenaman 8a - 2:30p Brimeyer 12p - 6p zoom</p>	<p><b>22</b> Heaney-Gárate 8a - 2p Jenaman 8a - 2:30p Brimeyer 8a - 7p</p>	<p><b>23</b> Makovec 9a - 3p Brimeyer 12p - 6p zoom</p>	<p><b>24</b> Jenaman 8a - 12:30p Heaney-Gárate 8a - 2p Brimeyer 8a - 5p</p>	
<p><b>27</b> <i>Happy Memorial Day!</i> Clinics Closed</p>	<p><b>28</b> Brimeyer 12p - 6p zoom</p>	<p><b>29</b> Heaney-Gárate 8a - 2p Brimeyer 8a - 7p</p>	<p><b>30</b> Makovec 9a - 3p Brimeyer 12p - 6p zoom</p>	<p><b>31</b> Brimeyer 8a - 5p</p>	<p><b>MAY</b> is Mental Health Awareness Month <b>SPREAD THE WORD!</b>   #makeitOKIOWA</p>